

British School in Tokyo School Policy on Infectious Diseases

Name of disease 病名	Pathogen 病原体	Infection course 感染経路	Incubation period 潜伏期間	Criteria for coming back to school 登校許可の基準	permission form to submit when returning to school
Influenza (seasonal & H1N1)インフルエンザ(季節性&新型インフルエンザ)	Influenza virus	droplet infection	1 to 2 days	2 days after fever subsides (Student needs to stay at home at least 5 days from the onset of symptoms)	Permission form for infectious diseases which parents need to fill out (please download from our website)
Whooping cough 百日咳	Bordetella pertussis	droplet infection	7 to 14 days	Until the typical cough disappears OR when the child completes 5 days antibiotics therapy.	
Measles 麻疹	Measlesvirus	airborne/droplet infection	9 to 12 days	3 days after fever subsides	
Mumps おたふく/流行性耳下腺炎	Mumpsvirus	droplet infection	14 to 21 days	Student needs to stay at home for 5 days from the onset of swelling and also until child becomes well.	
Rubella/German measles 風疹	Rubellavirus	droplet infection	14 to 21 days	Until rash disappears	
Chickenpox 水痘	Varicella-zoster virus	airborne/droplet infection	10 to 15 days	Until all blisters become crusted	
Strep throat 溶連菌	Streptococcus pyogaeas	droplet infection	2-7 days	The student is allowed to return to school 24 hours after antibiotics therapy has started if they feel well enough.	
Impetigo とびひ	1:Staphrococccas aurous2:Streptococci group A	contact infection	2-10 days	Student is allowed to stay at school if he/she is well but skin rash needs to be covered. No swimming until the skin becomes dry.	
Hand, foot and mouth disease 手足口病	Coxsackievirus/Enterovirus	droplet infection	3-6 days	Student is allowed to stay at school if he/she is well.	

Fifth disease/Apple fever/erythema infectiosum りんご病/伝染性紅斑	Parvovirus	droplet infection	7 to 14 days	Student allowed to stay at school if he/she is well. Better to avoid the sunshine. Pregnant women need to avoid making contact with the infected person.	
Pediculosis capitis(Head lice) しらみ	Headlice (pediculosis humanus capitis)	contact infection		When headlice and nits have been cleared. School nurse to check before returning to class.	
Water warts 水いぼ	Molluscum poxvirus	contact infection	2 weeks	Student is allowed to stay at school if he/she is well but rash needs to be covered if it is wet.	
Epidemic gastroenteritis 流行性胃腸炎	Norovirus/Rotavirus	oraldroplet infection	1-2 days	Student is allowed to return to school if he/she is free of vomit/diarrhoea and well.	
Pharyngo-conjunctival fever 咽頭結膜熱	Adenovirus (type3, 4 & 7)	droplet infection	5-7 days	2 days after main symptoms (fever, sore throat, eyes symptoms such as pain/itchyness/redness/tears) disappear.	
Mycoplasma pneumonia マイコプラズマ肺炎	Mycoplasmavirus	droplet infection	1-4 weeks	When doctor gives permission to return to school	doctor's certificate
Epidemic keratoconjunctivitis 流行性角結膜炎	Adenovirus	contact infection	1-2 weeks		doctor's certificate
Tuberculosis 結核	Tubercle bacilli	airborne/droplet infection	25-36 days		doctor's certificate
O-157 腸管出血性大腸菌感染症	Escherichia coli O-157	oral infection	4-8 days		doctor's certificate
Acute hemorrhagic conjunctivitis 急性出血性結膜炎	Enterovirus/coxsackievirus	contact infection	24-36 hours		doctor's certificate
Herpangina ヘルパンギーナ	Several different viruses but mainly	oral/droplet infection	2-7 days		doctor's certificate