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BST Drugs Education Policy

The British School in Tokyo
School Policy Document

BST Drugs Education Policy

Introduction:

BST recognises its responsibility to raise students' awareness of the presence of safe and dangerous drugs within communities around the world.

Aims:

Through high-quality learning and teaching, BST aims to equip students with the information, skills and attitudes which will enable them to make informed, healthy choices to prevent or reduce the harmful consequences of drug misuse. BST will:

- Provide accurate information to students and parents about drugs, the law related to them and BST's school rules
- Increase understanding about the implications and consequences of the use and misuse of drugs
- Provide opportunities to examine attitudes to drug use
- Promote the development of personal and social skills relating to healthy behaviours and provide opportunities to practice them
- Enable students to identify appropriate sources of personal support

Organisation and planning:

In the Primary School

Drug education is planned and taught within the curriculum area of PSHE (Personal, Social, Health and Emotional Studies). Age-appropriate activities which cover this area of study are included in the following year group units of work:

Year group	Unit of work	Unit overview
Reception	It's Good to Be Me	A unit which promotes individual self-esteem and the importance of making healthy choices
Year 1	Keeping Healthy	A unit which promotes individual self-esteem and the importance of making healthy choices
Year 2	Medicines and Drugs	A unit which develops an understanding of the difference between medicines and drugs which keep us healthy and those which can damage our health (eg cigarettes and alcohol)
Year 4	Healthy Lifestyles	A unit which includes the importance of choosing a holistic healthy lifestyle
Year 6	Drugs Education	A unit which develops a deeper understanding of the drugs which can damage our health

Year 6 parents are invited to a session in Term 2, which explains the content of the Drugs Education unit.

In the Secondary School

Drug education is planned and taught within the curriculum areas of PSHCE (Personal, Social, Health, Citizenship and Emotional Studies) and Science. It is delivered by tutors and specialist teachers, with the aid of the school nurses. Age-appropriate units of work are planned for the following year groups:

Year group	Subject	Unit overview
Year 8	Science	A unit which develops a deeper understanding of the difference between legal and illegal drugs, their physical effects and how to make best choices about their usage

Year 8	PSHCE	A unit which develops a further understanding of the effect of alcohol, cigarettes and tobacco and how they can damage our health
Year 9	Science	A unit which develops an awareness of the psychological and physical effects of drug abuse and the use of illegal drugs
Year 9	PSHCE	A unit which explores current issues related to drug use in society, particularly in relation to laws and regulations in a range of countries
Year 11	Science	A unit which investigates the chemical properties of various drugs, and current developments within the pharmaceutical industry and related ethical issues
Year 11	PSHCE	A unit which further develops an awareness of the use and misuse of illegal and legal drugs; the health risks and consequences related to their misuse

Monitoring and review:

The Primary PHSE co-ordinator, Secondary Phase Leaders and the Head of Science are responsible for the implementation, coordination, delivery and monitoring of the Drug Education programme.



Paul Tough
Principal