



**September 2013**

## **BST Sex and Relationships Education Policy**

The British School in Tokyo  
School Policy Document

# BST Sex and Relationships Education Policy

## Introduction:

'SRE is the lifelong learning about physical, moral and emotional development. It is about the understanding of the importance of stable and loving relationships, respect and care. It is also about the teaching of sex, sexuality and sexual health. It is not about the promotion of sexual orientation or sexual activity.' DFE 2000.

## Aims:

Through high quality learning and teaching, BST aims to

- Provide opportunities for students to have discussions about family life and a child's place within a secure, loving relationship
- Provide students with accurate information to support the development of knowledge and understanding
- Reduce anxieties, misunderstandings and confusion
- Promote sensitive and caring personal relationships
- Encourage reflection on personal and social values
- Encourage respect and consideration for others
- Increase awareness of all consequences of behaviour

## Organisation and planning:

### **In the Primary School and Secondary School**

SRE is taught in units of work within the PHSE and science curriculum throughout the school.

Age appropriate activities which cover this area of study are included in the following year group units of work:

Year group	Unit of work	Unit over view
Reception	Changes	A unit which develops an understanding of the students life changes since birth
Year 1	Me and My Relationships	A unit which promotes an understanding of our important relationships and how to develop new friendships
Year 2	Family and Friendships	A unit which develops an understanding of the difference in family make ups and friendships and how these can change
Year 3	Change	A unit which develops an awareness of different types of relationships including marriage and how to be effective within them
Year 4	Friendships and Bullying	A unit which deepens an understanding of the emotional issues involved in developing stable and nurturing friendships and how to avoid / deal with conflict and relationships problems
Year 5	Growing up and Relationships	A unit which promotes the importance of stable and loving relationships and introduces the teaching about sexual relationships. Some sessions are taught in gender groups to facilitate sensitive question and answer

		sessions.
Year 7	Science	A unit which reviews the teaching of reproduction of, plants and animals including human beings. The physical, emotional and psychological changes related to puberty are also reviewed.
Year 7	PSHCE	A unit which promotes the importance of stable and loving relationships and includes discussion about sexual relationships.
Year 8	Science	A unit with further develops understanding of human reproduction
Year 8	PSHCE	A unit which promotes the importance of stable and loving relationships and includes discussion about sexual relationships.
Year 9	Science	A unit which deepens an understanding of hormones, contraception, IVF and different types of reproduction
Year 9	PSHCE	A unit which explores the importance on relationships and the impact of pregnancy on an adults life and future responsibilities
Year 10	Science	A unit which develops an understanding of the cellular aspects of sexual reproduction
Year 10	PSHCE	A unit which explores the importance of stable, loving relationships including same sexes relationships
Year 11	Science	A unit which investigations further understanding of IVF treatments
Year 11	PSHCE	A unit which explores the impact of teenage pregnancy, the related responsibilities and life changes.

Monitoring and review:

The Primary PHSE co-ordinator is responsible for the implementation, co-ordination, delivery and monitoring of the Sex and Relationships Education programme.

The Secondary phase leaders are responsible for the co-ordination and development of the PSHCE curriculum which includes SRE. It is monitored by tutors, with the aid of the school nurse and other teachers if required. Monitoring is undertaken by phase leaders and the deputy head, who is responsible for the secondary school's pastoral provision.

The science curriculum includes elements of SRE. This is delivered by science teachers and monitored by the Faculty leaders and the Head of Curriculum.



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Principal

