

**ASIJ Orcas Fall Classic Swim Meet
at ASIJ
Saturday, 18th November**



14 swim teams participated and more than 300 swimmers were at the meet. Our team had 30 swimmers, swam very hard to beat their PBs. We signed up to 117 individual events and 14 relays. The meet was very long but they all tried hard till the end of the day.

The meet started with 400m Freestyle. Nana Ohashi (13) brought us a great motivation with taking 10 seconds off her PB. Chloe Strong (9) had a nice streamline after the start on her 50m backstroke and took 5 seconds off. Maya Reich (10) finished strongly on her 100m Freestyle, Nicola Hewitt (10) showed us her beautiful 50m Butterfly and Taisuke Ozaki (10) swam hard to beat his record on 100m Breaststroke. Yui Atsumi (10) took 10 seconds off on her 100m IM and Radu Mandrea (13) tried 200m Freestyle for the first time and finished bravely.

Thanks to Isabel Lai (10) and Mariella Frost (9), as I didn't have to scratch the girl's 200m Medley relay for lacking 2 swimmers.

As I was watching your swimming, I thought you all are getting stronger but you still need to work on techniques and turns. Each technique might be easy and it wouldn't seem very important but if you could do them all properly and combine them together, it will bring you a big result. It will take time but be patient and never give up!

We have 2 more swim meets to go in 2017. Let's practice for it!!
Great job everyone!!

Yumiko Uehara

