

Swim Meet Report

Fall Swim Meet at St. Mary's Saturday 22nd September



On Saturday 22nd September we had our first swim meet of the academic year. Thirty four BST swimmers competed at St. Mary's International School.

Minami (Y10) made impressive PBs, both in her 50m Freestyle and 100m Backstroke. It was her first time to go under 30 seconds in her Freestyle event. Yuichiro (Y7) swam 50m across all four strokes, breaking his PB's in each one. Yui (Y7) also achieved PB's in each of her events. There were fantastic efforts by everyone.

Karen (Y7) swam beautifully and finished in third place in her 200m IM. It was the first time for Fei (Y8) to swim 200m Freestyle at a swim meet. She said she was very tired after her race but she did really well. Madeline (Y4) performed her beautiful Breastroke in the 50m, finishing in third place. Lulu (Y4) also showed us her fantastic Backstroke in her 25m event and achieved first place. Milena (Y4) performed well in the 25m Butterfly and finished in third place. Luna (Y4) also did well in her 25m Freestyle with Lola (Y4) swimming very well in her 100m Freestyle, taking 6 seconds off her own PB.

Despite it being his first swim meet, Sean (Y4) did very well in his 100m Freestyle and finished in second place. Cameron (Y7) attacked the water constantly in the 50m Freestyle and achieved third place in his age group. Harold (Y7) also swam very well and secured a PB in his 50m Freestyle. It was rare to see our number one Breastroker Yuma (Y10) swimming Backstroke at the meet. He was also extremely impressive at this stroke as

well. It was clear all his extra summer training had paid off. Although Jin (Y9) hadn't competed for a long time, he still performed his best in each event he competed.

Relays are always fun and exciting at any swim meet. We had five relay teams compete in the Freestyle events. 8 & under girls finished in second place. 11-12 girls teams finished in second and third respectively and 11-12 boys achieved third. Nice team work everyone.

I would like to say thank you to the Y4 boys, Shawn, Simon and Sean for cheering the team all day. Your support surely encouraged and helped every swimmer achieve their best. I was also amazed to see a number of students doing their homework and studying between their races. It was great to see your dedication.

Our next swim meet is on the 13th and 14th of October at St. Mary's. Let's get ready for it and train hard.

Yumiko Uehara
BST Swim Coach

