



## MEET REPORT



THE  
BRITISH  
SCHOOL



IN TOKYO



## Winter Kanto Plains at St. Mary's Saturday, 3rd Feb.

It was our first swim meet of 2018. 30 BST swimmers worked hard to beat their PBs. For some swimmers, trips to Hakuba and Norikura meant they had to overcome some extra tiredness from being away skiing all week but then still swam hard and tried their best. Good work!

The meet started off with the Medley relays. Both Alfie Ellis (10) and Jensen Ward (9) swam in the 11-12 age group. They both tried very hard to keep up with their competitors and did themselves proud. All BST swimmers who swam Medley relay did their favourite strokes and looked happy.

For most of our Y3 swimmers, it was their first swim meet and they bravely finished all of their races and had a great time. Thank you to Lola Ellis (8) for swimming twice in the Freestyle relay, showing resilience.

Charlie Hadlow (11) and Chloe Strong (9) made a excellent PB in the 50m Freestyle, Rosie Hewitt (11), Yuichiro Kamiyama (10) and Taisuke Ozaki (10) also took some extra seconds off their PBs in the 100m Breaststroke.

Terumi Sugimoto (10) showed us beautiful technique in her 100m Backstroke, Rosie Hickinbotham (10) kept attacking the water hard until she finished her 100m Freestyle and Marta Gherardi (11) challenged herself in her 50m Butterfly.

Our next meet will be on the 10th and 11th March at St. Mary's.

This is a very important meet of the year. They will be more strict on DQs so let's work on our turns and entry into the water.

Next week is our mid-term holiday. There will be no practice during this time. We will be back on Monday, 19th February(for after school practice) or Tuesday, 20th February(for morning practice).

Well done, everyone!

Yumiko Uehara

