

School Policy on cases of Seasonal Influenza at BST

This policy is based on information and instruction by Tokyo Metropolitan Government, Shibuya and Setagaya Ward Offices and is designed principally to stop seasonal influenza spreading widely in the community. The policy is as follows:

Seasonal Influenza Policy:

1. If a student or any family member is diagnosed with Seasonal Influenza by a doctor, please notify the school office and/or the Nurse immediately (nurses@bst.ac.jp) and confirm if the swab test result was Type A or Type B, or if no swab test was conducted (doctor diagnosed as Influenza based on the symptoms).
2. A student who is diagnosed with seasonal influenza must stay at home for 5 full days after the onset of symptoms and for 3 days (Nursery and Reception) or 2 days (Y1-Y13 students) after the fever has passed to ensure they do not spread the virus whilst still potentially infectious. e.g. if a Y1 child develops a fever on Wednesday then, assuming they are diagnosed with seasonal influenza by a doctor, they should be off from Thursday and can return the following Tuesday as long as the child is fever free on Sunday and Monday.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Fever starts	Diagnosed - Day 1	Day 2	Day 3	Fever free	Fever free	
Return to school						
		Fever starts	Diagnosed - Day 1	Day 2	Day 3	Fever free
Fever free	Return to school					

3. A Certificate for Returning to School (from the BST website) should be completed and given to the school nurse at the appropriate school site when the student returns to school.
4. If we get a high number of cases in one class at the same time we will consider closing the class – the decision will be at the discretion of the appropriate Head of School and the Principal. Any student who is diagnosed with the virus while the class is closed should stay at home following the timeline in point 2 above even if the school reopens while they are recovering.
5. If there are multiple class closures, we may close year groups, and, if necessary, the whole school. These decisions will be taken based on our assessment of the situation at the time.
6. If the sibling of one of our students attends another school that is closed due to seasonal influenza, but does not have seasonal influenza, our student can come to school. However, the sibling should not come to the school during the drop off/pick up period or for any other reason.

We are constantly monitoring the advice of the NHS, Tokyo Metropolitan Government, Shibuya and Setagaya Ward Offices and the CDC and if there are changes to their advice, we will revise our policy accordingly.